

Want to know more about how to support your child's well-being?

FREE

Free webinar series for parents and caregivers

Join us for conversations on important mental health and substance use health topics identified by parents/caregivers in Ontario.

4 webinars | Subject matter experts | Q&A

Webinar 1 – March 5: Conversations about balanced device use

Webinar 2 – April 10: Conversations about vaping

Webinar 3 – May 7: Conversations about body image

Webinar 4 – June 5: Conversations about anxiety

**Learn more and
register today!**



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**School Mental Health
Ontario By Your Side**

Parent/caregiver resources to
support mental health learning
and well-being for every family